

the doctor practicing biological medicine to have a full understanding of the above sciences and the ability to combine practical skills in order to have the most comprehensive treatment options for the patient. It is clear that, the individual practicing biological medicine needs not be a specialist in one area of the human body, but a specialist in all areas of the human body and condition. This not only takes a very scientific mind, but also a naturally gifted intuitive to be the type of doctor that biological medicine demands. One cannot deny that Ukraine is known as a communication hub, and has become popular with international students from all over the world. It is highly attractive due to its forward thinking and also due to English being the common language of student communication.

## HOW NOT TO BECOME A VICTIM OF BEAUTY INJECTIONS?

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***Кафедра іноземних мов з латинською мовою та медичною термінологією***

Aging is the main overwhelming problem of majority of women in the age over 35. Time influences facial aging by producing cellular and anatomical changes resulting in the consequential loss of soft tissue volume. With the advent of new technologies, the physician has the opportunity of addressing these changes with the utilization of dermal fillers. In the pursuit of youth, women may neglect their health and natural beauty. So, you have a lot of money, want to look less tired, younger and more attractive, but you're not ready for a plastic surgery. It's not a problem anymore. Filler (or beauty injection) is the universal recipe for rejuvenation. There are a lot of options such as botox, hyaluronic and polylactic acids, calcium hydroxyapatite etc.

We would like to focus on botox and hyaluronic acid, as far as they are the most popular fillers nowadays. But, nevertheless, we should bear in mind that in case of unsuccessful beauty injections after-effects (bruises, edemas, redness) can destroy your look. Possible complications such as headaches, allergies, skin “halls”, indurations, double vision, muscle weakness can also cause unwanted effect. And that's only the basic list of side effects. So, how not to become a victim and avoid unpleasant consequences?

The only and the most difficult thing you need to do is to find skilled and experienced specialist with medical qualification. Your cosmetician (or beauty expert), besides qualification and good reputation, must have a certificate in fillers course. If you find this person, you'll have 60% of success. Other 40% is your money and wish to be beautiful.

## PREVENTION OF ORTHODONTIC DISEASES IN CHILDREN

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Orthodontic dentoalveolar anomalies are found in the modern world quite often. Many parents with children are forced to turn to orthodontists to correct bite, anomalies of the dentition and individual standing teeth. But many children are afraid of treatment at the dentist, and wearing the apparatus at first causes pain. Therefore, it is obvious that disease prevention is better than their treatment. To prevent occurrence of anomalies and deformities of the face it is possible only by timely elimination of the reasons which have caused them or promote their occurrence. It is important to emphasize that parents are not even aware of the many causes of orthodontic problems.

Before the conception of a child, parents can turn to medical genetic counseling to identify possible hereditary malformations of the maxillofacial and other areas. During the intrauterine period of life, various factors can affect the mother, and consequently the fetus. There are a deficiency of nutrients, vitamins, stress, the pathological effect of antibiotics (tetracyclines), alcohol, infectious, bacterial diseases during pregnancy, etc. During lactation it is very important that newborns are fed with breast milk, and not with artificial mixtures. If this is not possible, parents should select a special nipple, hold a bottle of milk in a horizontal position and keep the child during feeding vertically. It is very important to follow that the child did not suck his fingers, and during sleep didn't put his fist under cheek, did not sleep with his head thrown back. In the period of temporary bite, diseases such as rickets, transferred infections, the presence of a breathing disorder (mouth type of breathing), the quality of food (solid food has a positive effect on the development of chewing musculature). Bad habits such as chewing of the lips, biting nails and pencils also negative effect to the development of the dentoalveolar apparatus. During the period of the replaceable occlusion, sanitation of the oral cavity is important. It is necessary to monitor the timely change of milk teeth to permanent. An effective preventive method is the dissection of the shortened frenum of the tongue and upper lip.

In total, in order that the child does not have dentoalveolar anomalies, parents need to know about the above aspects of prevention in different periods of the child's development. Also, the child needs to undergo regular physical examinations at the dentist. Examination is carried out in the schools, so parents with the child must in time consult with specialists if anomalies were found.